

Welcome Back

Case History Update

In order for us to best serve you and bring your original case history up to date, please provide us with the following information. PLEASE PRINT.

**HIPAA
Protected Health Information
Authorized Access Only**

Date _____	Patient/Clinic ID# _____	Social Security # _____
Name _____	Date of Birth _____	Home Phone _____
Address _____ _____	Work Phone _____	Cell / Pager _____
Email _____		

1) Is your visit today due to an accident? Yes No

2) List present complaints / pain / regions.

Neck _____
Mid-Back _____
Low Back _____
Hips _____
Arms/Legs _____
Other _____

3) Duration of present condition / pain.

4) What do you believe caused this?

5) Describe any falls, injuries or accidents.

6) Since your last visit here, have you consulted another doctor/hospital?

Yes No Why _____
Doctor's Name _____ MD DO DC

Doctor's Address _____

Treatment received _____

Medications _____

Therapies _____

Office Information Only: Past Diagnosis _____

Last Exam _____ Last X-rays _____

Last VSC Levels: Ocs: CT 2 3 4 5 6 7 (B) / TI 2 3 4 5 6 7 8 9 10 11 12 (D)

L1 2 3 4 5 6 7 / SAC: / Cervcys / Hips: RI: LI:

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Master Practice Guidelines (800) 774-9122

Polar Share Center (800) 650-0844

Patient Signature _____ Date _____

Guardian or Parent Signature Authorizing Care _____ Date _____



Patient Updated Pain Drawing

Doctor: _____

Patient: _____

Patient/Clinic ID #: _____

HIPAA
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Accident? Yes No Type: Auto Collision Personal Injury Worker's Compensation

Reason for Visit: _____

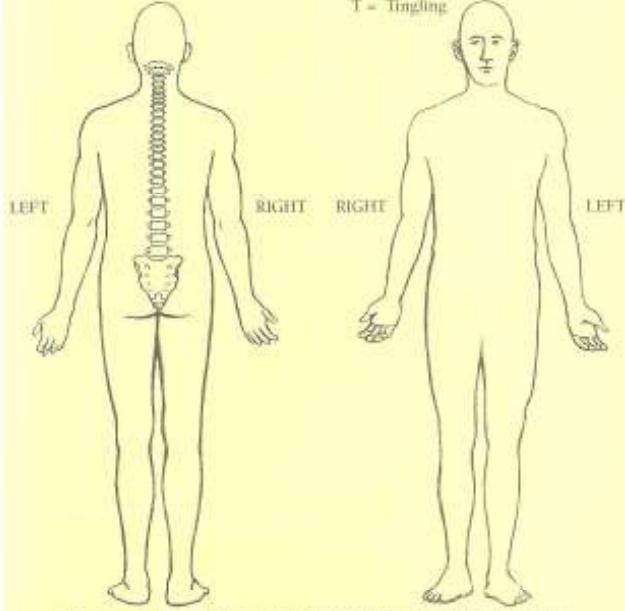
Symptoms Started: _____

Symptoms Getting Worse? Yes No Same

Last Visit in Clinic: _____ Last Doctor Visit: _____ Last Exam / X-ray: _____

MARK PAIN AREA**MARK AREA**

- +++ = Burning
- ++ = Stabbing
- = Sharp
- III = Constant
- XXX = Other
- A = Ache
- N = Numbness
- P = Pain
- S = Soreness
- SF = Stillness
- T = Tingling



Please mark area of pain on the drawing using the code listed above.

SEVERITY OF PAINList region of pain and circle severity number
(1 = least, 10 = greatest)

ex. Neck

sharp

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

REGIONS

Neck	1	2	3	4	5	6	7	8	9	10
Mid Back	1	2	3	4	5	6	7	8	9	10
Low Back	1	2	3	4	5	6	7	8	9	10
Hips	1	2	3	4	5	6	7	8	9	10
Arms	1	2	3	4	5	6	7	8	9	10
Legs	1	2	3	4	5	6	7	8	9	10

Previous Neck Pain #: _____ Pain Now #: _____

Previous Mid-Neck Pain #: _____ Pain Now #: _____

Previous Low-Back Pain #: _____ Pain Now #: _____

Previous Hip Pain #: _____ Pain Now #: _____

Previous Arm Pain #: _____ Pain Now #: _____

Previous Leg Pain #: _____ Pain Now #: _____

HELPS	POSITION	HURTS	HELPS	POSITION	HURTS	HELPS	POSITION	HURTS
<input type="checkbox"/>	Bending Backward	<input type="checkbox"/>	<input type="checkbox"/>	Lying on Side	<input type="checkbox"/>	<input type="checkbox"/>	Walking	<input type="checkbox"/>
<input type="checkbox"/>	Bending Forward	<input type="checkbox"/>	<input type="checkbox"/>	Sitting	<input type="checkbox"/>	<input type="checkbox"/>	Other: Describe:	<input type="checkbox"/>
<input type="checkbox"/>	Bending Leg	<input type="checkbox"/>	<input type="checkbox"/>	Standing	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	Driving	<input type="checkbox"/>	<input type="checkbox"/>	Stretching	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	Lifting	<input type="checkbox"/>	<input type="checkbox"/>	Stretching Leg	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	Lying Face Down	<input type="checkbox"/>	<input type="checkbox"/>	Turning Body	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	Lying on Back	<input type="checkbox"/>	<input type="checkbox"/>	Turning Head	<input type="checkbox"/>	<input type="checkbox"/>		

Doctor's Signature _____ Date _____